



Wilton Rotary Drummer
Wilton, Connecticut USA District 7980
www.wiltonrotaryclub.org

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Editor: David L. Dephtereos

Thirteen Rotarians, Wilton Chamber of Commerce Executive Director Debra Hanson, and our speakers Beverly Brokaw and Emily DuBrock, gathered for lunch at the Rolling Hills Country Club.

Announcements:

1. Elizabeth Edwards, standing in for an ill Patrick Russo, advised that we still need workers for various shifts during the Carnival on Sept. 14, 15, and 16. Also, the Club is continuing its efforts to sell advertising banners for the Carnival. Please contact Patrick to volunteer or if you know a business that wants to advertise.
2. Members present at the meeting discussed whether the Club should accept advertising banners from political parties for the Carnival, and the general consensus was yes. Also, the Members discussed developing a policy with respect to elected officials speaking to the Club and candidates speaking during election season. Christene will circulate a draft policy for comments.
3. Trackside has scheduled two fundraisers: an Oktoberfest on October 13 and the rescheduled Food Truck event on October 28.
4. Andy Mais had the winning ticket but did not draw the winning card. The pot stands at \$125.
5. The next fundraiser luncheon at Wayback Burger is scheduled for September 27.

Program: Exploring Whether Wilton Can Become a Blue Zone

Blue Zones are areas where people live much longer on average than the rest of the world. The term first appeared in the November 2005 National Geographic magazine cover story "The Secrets of a Long Life" by Dan Buettner. Beverly Brokaw has been leading an effort to make Wilton the first Blue Zone community in the Northeast. Blue Zones Project is a community-wide well-being improvement initiative designed to help make healthy choices easier through permanent changes in environment, policy and connections. It is a two to 10+ year project. By helping people live longer and better through these changes, communities can lower healthcare costs, improve productivity, and boost national recognition as a great place to live, work, and play. An interactive question and answer session is scheduled for October 23 at 7 pm at the Clune Center for anyone interested. See <https://bluezonewilton.com> for additional information.

NEXT MEETING – Friday, August 31 at Rolling Hills Country Club